## PACT Resources Online

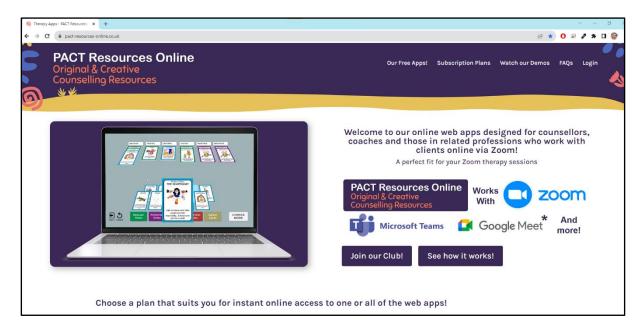
Original & Creative Counselling Resources





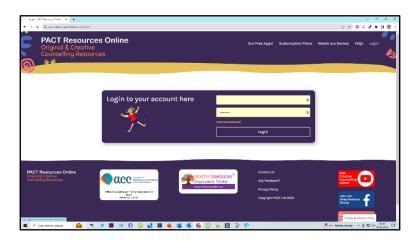
## First Steps in Using the Erikson's Life Stages Web App

- 1. In your browser, type in the website name: pact-resources-online.co.uk
- 2. This takes you to the following screen:



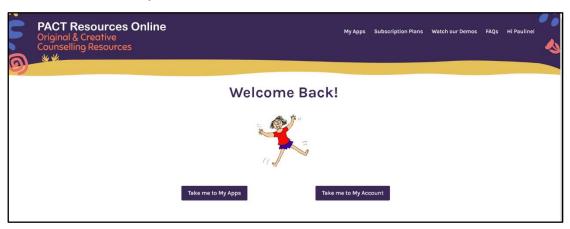
In the top right corner you will see "Login" – click on that.

3. The first time you do this you will need to choose and type in your username and password. The app will remember this.



4. Press **Login**.

5. This now takes you into this screen:



- 6. Click on "Take me to My Apps".
- 7. The following screen contains all the apps which you can buy as part of your subscription package. In addition, we are offering some free apps, and the Erikson's Life Stages app (highlighted here) is one of these.



- 8. Click on the App.
- 9. Wait a few seconds until you see the word **"Start"**. This is where you are likely begin when you share your screen with your client.
- 10. You will now find yourself in the Erikson's Life Stages App, ready to work with your client.
- 11. <u>Click here to watch the video demonstration</u> of Pauline working with Lesley to learn how it works. It's very easy!